

# **WEAVE – Building shared methods for inclusive community youth work**

## **a Maek project**

**Mobility: 18th - 24th April 2026 mobility  
(excluding travel days)**

**Venue: Casatorre – Ponticello (MS)**





Co-funded by  
the European Union

## INFOPACK

Project title: **WEAVE – Building shared methods for inclusive community youth work**

Action type: Professional development activities - Member States and associated countries

Activity reference: PDAMS02

Policy priorities and thematic areas: **Project green practices, EU youth goals, Participation in democratic life**

National Agency of the Applicant: IT03 - Agenzia Italiana per la Gioventù

Mobility: 18<sup>th</sup> - 24<sup>th</sup> April 2026 mobility (excluding travel days)

**Arrival day: 17<sup>th</sup> April 2026**

**Departure day: 25<sup>th</sup> April 2026**

Venue: Casatorre – Ponticello (MS)

Group: 3 participants (1 with fewer opportunities) per each partner

## 1. ABOUT THE PROJECT

### 1.1 Concept

**WEAVE – Building shared methods for inclusive community youth work** builds on the experience and learning outcomes developed through the three previous mobilities implemented within the first year of MAEK APS's accreditation pathway: Green Routes, Roots Reloaded and Walk the Talk. The training course is conceived as a space of capitalisation, connection and methodological development, aimed at transforming the educational insights generated by those activities into shared youth work practices that can be adapted and replicated by partner organisations.

While the previous projects explored, respectively, sustainability and the relationship with territory, belonging and inclusion in rural communities, and democratic participation as a lived experience, WEAVE takes a further step by focusing on the role of youth workers in designing educational processes that connect these dimensions in a coherent and meaningful way. The project starts from a concrete question: *how can youth workers create activities that are at the same time community-based, inclusive, participatory and rooted in European values?*

In a context where many young people experience social fragmentation, disconnection from their local communities, lack of participation opportunities and difficulties in feeling represented or included, the role of youth work becomes increasingly important. For this reason, the project offers a transnational space where youth workers and educators can reflect together on the quality of their practices, exchange methods, and strengthen their





Co-funded by  
the European Union

capacity to work with young people (especially those with fewer opportunities) through approaches based on participation, care, inclusion and local engagement.

The project is part of the accredited mobility pathway promoted by MAEK APS, rooted in non-formal education, peer learning, outdoor and experiential methodologies, and community-based youth work. The rural and relational context in which MAEK operates provides a meaningful setting to reflect on youth work not only as a set of activities, but as a process of building connections between people, places and opportunities.

Through workshops, peer exchange, reflective sessions, collaborative design activities and encounters with the local territory, participants will explore how youth work can become a tool to:

- connect young people with local communities and meaningful forms of participation;
- create more inclusive and welcoming group dynamics and learning spaces;
- strengthen young people's sense of belonging, agency and active citizenship;
- integrate sustainability, inclusion and democratic participation into youth work practice;
- co-develop methods and approaches that can be transferred to different local contexts across the partner network.

## 1.2 Objectives

The project has the following main objectives:

- Strengthen the competences of youth workers and youth leaders in designing and facilitating community-based, inclusive and participatory youth work activities.
- Capitalise on the educational results of the previous accreditation activities by transforming them into shared methods and transferable practices.
- Promote the exchange of approaches and tools among partner organisations working with young people in rural, peripheral or socially diverse contexts.
- Support the inclusion and active participation of young people with fewer opportunities through more accessible, welcoming and meaningful youth work practices.
- Reinforce the connection between youth work, local communities, European values and active citizenship.
- Encourage the co-creation of practical tools, methods and educational ideas that can be used in future projects and local youth work initiatives.

## 1.3 Mission

The mission of WEAVE is to support youth workers in weaving together inclusion, community, participation and local engagement into stronger and more meaningful youth





Co-funded by  
the European Union

work practices. Through shared learning, non-formal education and collaborative reflection, the project aims to build a common methodological ground among partner organisations and to strengthen their capacity to create educational experiences where young people can feel connected, involved and empowered.

#### 1.4 Expected Impact

The project aims to generate a measurable impact both at the professional and collective level, through concrete results and transferable outcomes:

- 24 youth workers and youth leaders from 8 partner organisations will take part in a shared training experience focused on inclusive community youth work, strengthening their capacity to design more meaningful educational processes in their local realities.
- 6 training and reflection sessions will support participants in exploring key dimensions of youth work such as inclusion, participation, sense of belonging, local engagement and non-formal education methodologies.
- 5 practical and collaborative workshops will allow participants to exchange tools, test facilitation methods and co-develop educational approaches that connect community life, participation and inclusion.
- At least 2 local community-based moments or encounters will be organised during the mobility, creating opportunities to connect the training experience with the local territory and with real social and educational practices.
- Creation of a practical digital output titled “WEAVE Methods Booklet”, gathering methods, session ideas, facilitation tools and transferable educational practices for inclusive community youth work. The booklet will be developed collectively during the training course and will serve as a shared resource for the partner organisations and for future activities within the accreditation pathway.
- A set of shared recommendations and learning reflections will also be collected during the mobility, helping partner organisations strengthen their daily work with young people, especially in rural, peripheral or socially diverse contexts.

The impact of the project does not end with the mobility itself: participants will return to their organisations with stronger facilitation competences, a clearer methodological framework, and practical tools to develop more inclusive, participatory and community-based youth work activities in their local contexts.

#### 1.5 Educational approach

The project is based on a non-formal educational approach, designed to offer participants a dynamic, inclusive and practice-oriented learning experience, aimed at strengthening both personal and professional competences. Each activity is structured to encourage active participation, critical thinking, peer exchange and direct involvement, through methodologies





Co-funded by  
the European Union

that respond to the different backgrounds, experiences and learning needs of the youth workers involved.

The approach adopted integrates three fundamental dimensions:

**Experiential learning** – Participants acquire knowledge, tools and competences through direct experiences, practical workshops and real educational challenges connected to youth work, inclusion, participation and community engagement.

**Group work and cooperation** – Through collaborative activities, intercultural exchange and co-creation processes, participants strengthen their ability to work in teams, share responsibilities and build common educational approaches across different organisational contexts.

**Reflection and awareness** – Each phase of the training is accompanied by moments of individual and collective reflection, helping participants to analyse their own practices, connect learning with their local realities and transform the experience into future action.

The learning journey follows a structured path that includes:

- Interactive workshops and practical activities, designed to strengthen competences in facilitation, non-formal education, group dynamics, inclusion and participatory youth work.
- Thematic discussions and exchange of practices, allowing participants to reflect on real challenges faced in their daily work with young people, especially in rural, peripheral or socially diverse contexts.
- Intercultural learning activities, promoting mutual understanding, peer learning and the exchange of perspectives among participants coming from different countries and organisations.
- Self-reflection and evaluation processes, supporting participants in recognising their learning, assessing the relevance of the experience and identifying how to transfer it into their local youth work practice.
- Collaborative design moments, in which participants will co-create methods, session ideas and practical tools that can be adapted and reused in future activities within their organisations and the wider partner network.

The aim is to provide participants with practical tools and shared methodologies that can be applied beyond the context of the project, encouraging continuous learning and contributing to the development of more inclusive, participatory and community-based youth work practices across the network.



Co-funded by  
the European Union

## 2. ELEMENTS OF ACTIVITY

### 2.1 Venue

Mobility takes place at Casatorre (<https://casatorre.it>), located in Ponticello, a historic hamlet in the Lunigiana area of Tuscany, just a few kilometres from Pontremoli. Casa Torre is a historic residence with a medieval tower, surrounded by a quiet natural setting between the Tuscan-Emilian Apennines and the green hills of Lunigiana. The venue offers a peaceful and inspiring environment, well suited for group life, reflection and non-formal learning.

Participants will be hosted in apartments and shared accommodation spaces within the property. The atmosphere is informal, welcoming and community-oriented, encouraging interaction, exchange and cooperation throughout the mobility. The large garden and the surrounding outdoor areas contribute to creating a balanced environment between educational activities, daily coexistence and informal moments of connection.

Casa Torre is located on the edge of the medieval village of Ponticello, one of the oldest villages in Lunigiana, in a region still connected to its traditions, landscapes and slower rhythms of life. This context offers participants the possibility to experience a rural and authentic environment, closely aligned with the values of community, inclusion and experiential learning that inspire the project.

Why this location?

We chose Casa Torre because it offers much more than accommodation: it is a place where history, nature and local identity meet, creating a meaningful setting for a youth mobility experience based on non-formal education, intercultural exchange and shared daily life. Its position in Ponticello allows participants to experience the beauty and quietness of Lunigiana while remaining connected to nearby villages, local communities and the wider cultural heritage of the area.

The venue supports the educational philosophy of the project by offering a calm and community-based environment, where participants can learn not only through workshops and structured sessions, but also through coexistence, informal exchange and connection with the territory. The presence of outdoor spaces and the surrounding rural landscape also makes the venue particularly suitable for reflective activities, group processes and moments of contact with nature.

Some facts about Casa Torre:

A historic setting – Casa Torre is a historic residence with a medieval tower, located in one of the most characteristic villages of Lunigiana.

Community-friendly spaces – The venue offers indoor and outdoor shared spaces that support interaction, group cohesion and informal learning.

Nature and quietness – Surrounded by greenery and close to the mountains, the venue provides a calm atmosphere that supports wellbeing and reflection.



Co-funded by  
the European Union

Strategic location – Casa Torre is close to Pontremoli and well placed for discovering Lunigiana, nearby art cities and natural areas such as the Cinque Terre and the Tuscan-Emilian Apennines.

Authentic local context – The venue is immersed in a rural and historical environment, far from mass tourism and rich in local traditions

## 2.2 Logistics

Casa Torre combines the charm of a historical residence with the comfort needed for a group mobility experience. The venue offers accommodation spaces within a traditional property overlooking the surrounding landscape and the nearby mountains. Its setting contributes to making the mobility not only an educational experience, but also an immersion into the cultural and environmental identity of the territory.

The quiet and informal atmosphere of the venue supports both structured learning sessions and informal moments of interaction among participants. Thanks to its position in a less touristic and more authentic part of Tuscany, Casa Torre allows participants to experience a different rhythm of daily life, more connected to local community, nature and reflection.

If time allows, we will also explore the Lunigiana area and its environmental, cultural and culinary richness. Meals will reflect local traditions and the values of the project, with attention to sustainability, wellbeing and shared group life. As in previous MAEK mobility experiences, food will also be considered part of the educational experience, as a moment of encounter, cultural exchange and daily community building.

The main language utilized throughout the project will be English. For this mobility, a B2 level of linguistic competence is preferred, as outlined in the Common European Framework of Reference for Languages.

Please note: as the mobility takes place in a rural and historical context, the quality of internet connection may vary depending on the exact area and technical conditions. Participants are therefore invited to approach the experience with flexibility and openness, also embracing moments of digital disconnection as part of a more conscious and present group learning process. This approach is fully aligned with the educational philosophy of the project, which values direct human interaction, reflection and active participation.

### Why a Vegetarian menu?

The choice to adopt a vegetarian menu during mobility is not a coincidence, but responds to various motivations related to sustainability, food ethics and health. Reducing meat consumption helps to limit the ecological impact, promoting a more conscious and sustainable diet. Furthermore, the cuisine of Lunigiana offers a wide variety of vegetarian dishes linked to local tradition, enhancing fresh, seasonal and zero-mile ingredients. Opting for a vegetarian menu also means ensuring inclusion and well-being for all participants, offering balanced and tasty meals, in full respect of different dietary needs.



Co-funded by  
the European Union

## 2.3 How to get there

The best airports to consider for arriving in Italy for this project are Pisa Galileo Galilei (PSA), Bologna Guglielmo Marconi (BLQ), or Milan Malpensa (MXP). The venue is in **Ponticello, MS**.

The train station to reach is Pontremoli. Once you arrive there, the organising team will coordinate the pick-up from Pontremoli station to the venue, so participants will not need to reach the accommodation on foot independently.

## 2.4 Airports and transportation to Pontremoli

### 1. Pisa Galileo Galilei Airport (PSA):

- From the airport, take the Pisa Mover or go by walk (20-25 min) to Pisa Centrale train station. From Pisa Centrale, take a direct train to Pontremoli station.

### 2. Bologna Guglielmo Marconi Airport (BLQ):

- From the airport, take the Bologna Mover or Aerobus shuttle to Bologna Centrale train station. From Bologna Centrale, take a train to Pontremoli (with a possible connection in Parma).

### 3. Milan Airports (MXP or BGY):

- From the airport, take the Malpensa Express train if you land at Milan Malpensa, or the Shuttle bus if you land at Milan-Bergamo Orio al Serio, both heading to Milano Centrale station. From Milano Centrale, board a train to Pontremoli (via Parma).

Why these airports?

We selected Pisa Galileo Galilei (PSA), Bologna Guglielmo Marconi (BLQ) and Milan (MXP or BGY) airports because they are the most functional to comfortably reach the project site. All three airports guarantee a good balance between accessibility, flight frequency and rail connections, making the journey to the project site easier and faster.

Please note: Check train schedules online on website of Trenitalia (<https://www.trenitalia.com>) to ensure smooth connections. Inform us of your arrival time at Pontremoli station so we can pick you up promptly and ensure all travel arrangements are confirmed online in advance to avoid any last-minute inconveniences.

## 3. PARTNERSHIPS

### 3.1 Hosting organization

MAEK APS ([www.maekaps.com](http://www.maekaps.com)) operates with a strong focus on non-formal education and social inclusion through European programs. Through the KA150-YOU accreditation it implements youth mobility and training projects, offering educational opportunities to young





Co-funded by  
the European Union

people and adults with fewer opportunities. The main activities include intercultural exchanges, training courses, mentoring and volunteering, with a particular focus on co-designing inclusive paths for personal and professional growth. In confirmation of its commitment to inclusion, MAEK APS is an integral part of the "Inclusion Table", an initiative promoted by AIG with the aim of developing an inclusion strategy for individuals with fewer opportunities in European programs aimed at them, in line with the "Inclusion and Diversity Strategy".

In the local context of Lunigiana and at European level, MAEK APS creates collaboration networks to promote active citizenship, youth empowerment and the strengthening of skills, supporting the development of inclusive and sustainable communities. Furthermore, it works with vulnerable groups, promoting paths of social and work inclusion through participatory learning methodologies. MAEK APS has a direct connection with the Casa-Famiglia San Francesco, managed by the Ass. Comunità Papa Giovanni XXIII, a reception center that hosts people in alternative prison, individuals with mild addictions, the homeless and other vulnerable subjects. This local reality represents a model of social reintegration based on educational and personal growth paths, through a community approach aimed at recovering autonomy and social inclusion. In the project, the Family Home plays a key role in the phase of exchanging good practices and in the development of inclusive learning spaces, as a concrete example of how non-formal education can support the reintegration of people with difficult life paths.

### 3.2 Partners involved

Our project partners are five international organizations specializing in youth-related fields, such as sustainability, social inclusion, and youth personal development. These organizations are actively engaged in organizing youth activities both locally and internationally, employing non-formal education methodologies. We have established connections with each member of these organizations through previous international experiences, where we have shared ideas, tools, and activities, fostering collaboration and co-creation.

*Please note: It is important to note that while MAEK has built a strong network of international partners over time, not all organizations within this broader network are necessarily part of the consortium for this specific project. The partners involved in the implementation of this initiative have been carefully selected based on their expertise and their alignment with the project's objectives.*





Co-funded by  
the European Union

### 3.2.1 Applicant

- MAEK APS (E10020892 – IT) [info@maekaps.com](mailto:info@maekaps.com)

### 3.2.2 Partners of MAEK's network

- JENF (E10077624 – ES) [pablo.jenf@gmail.com](mailto:pablo.jenf@gmail.com)
- Back to the Roots (E10281458 – ES) [backtotheroots.eu@gmail.com](mailto:backtotheroots.eu@gmail.com)
- Stowarzyszenie Youth Human Impact (E10133258 – PL) [projects.yhi@gmail.com](mailto:projects.yhi@gmail.com)
- Stowarzyszenie Wspierania Inicjatyw Młodzieżowych FENIKS (E10189550 – PL)
- [swim@interia.eu](mailto:swim@interia.eu)
- Associação Pó de Ser Assim (E10316002 – PT) [info@podesser.pt](mailto:info@podesser.pt)
- Associação Inspira! – Intervenção juvenil e ambiental (E10025569 – PT)
- [inspirajuventude@gmail.com](mailto:inspirajuventude@gmail.com)
- Asociația Together Romania (E10101287 – RO) [together\\_romania@yahoo.com](mailto:together_romania@yahoo.com)
- Cecropia (E10332626 – EL) [cecropiahub@gmail.com](mailto:cecropiahub@gmail.com)
- VšĮ uMunthu (E10015850 – LT) [umunthuprojects@gmail.com](mailto:umunthuprojects@gmail.com)
- Connect4 (E10059728 – DK) [connect4dk@gmail.com](mailto:connect4dk@gmail.com)
- Artiste de ma Vie (E10315043 – FR) [artistedemavie@gmail.com](mailto:artistedemavie@gmail.com)
- Youth initiative Cana (E10310274 – SK) [yicslovakia@gmail.com](mailto:yicslovakia@gmail.com)
- Arteam (E10024833 – BG) [arteambulgaria@gmail.com](mailto:arteambulgaria@gmail.com)

## 4. WHAT TO BRING WITH YOU

To help you prepare for the training course, we recommend bringing a selection of practical and personal items that will allow you to feel comfortable, participate actively and make the most of both the educational activities and shared community life during the project. As this is a training course focused on reflection, exchange and co-creation, it is highly recommended to bring a notebook, journal or other materials useful for taking notes, collecting ideas and documenting your learning process throughout the week. A laptop or tablet may also be useful if you prefer working digitally or if you would like to further develop ideas, methods or activity formats during the project. Participants are also encouraged to bring something that represents their local context, organisation or culture, as this can support intercultural exchange and mutual learning within the group. Since the training course will include interactive sessions, group work, reflective activities and creative methodologies, you may also bring any small materials that could support your expression and participation, especially if they are linked to facilitation, creativity or educational practice.

Please remember to bring your personal hygiene kit and all daily essentials you may need during the stay, including toiletries, any personal medication, and specific items related to your wellbeing or health. As the project will take place in April in Lunigiana, we strongly recommend bringing comfortable clothes suitable for spring weather, including some warmer layers, as mornings and evenings may still be fresh. It is also advisable to bring



Co-funded by  
the European Union

comfortable shoes for daily movement and outdoor moments, as some activities may take place outside or in connection with the local surroundings. As sustainability is one of the values promoted by the project, we also encourage participants to bring a reusable water bottle in order to reduce the use of disposable plastic during the mobility.

Finally, we invite you to bring an open, curious and collaborative attitude. WEAVE is built on participation, peer learning, reflection and shared experimentation, so your willingness to contribute, exchange practices and learn with others will be one of the most valuable things you can bring.

Please note: Remember that this project values creativity and many other things synergistic with non-formal education so be prepared to engage in manual, artistic and cultural sharing activities that will help you connect with other participants in a meaningful way.

## 5.GROUP RESPONSIBILITY

In that mobility, participants have a series of responsibilities and duties that contribute to the good functioning of the experience and to coexistence during the entire period.

**Respect for the group and the organizers:** Each participant must show respect for the cultural differences, opinions and working methods of others in order to promote an inclusive and safe environment for all. Furthermore, the participating group must respect the rules and guidelines established jointly with the project teamwork to ensure the success of the activities.

**Active participation in sessions:** Each participant is required to participate, punctually and actively in all the sessions foreseen in the mobility program. Involvement during workshops, discussions and practical activities is essential for the success of non-formal learning and project objectives.

**Respect for spaces and rules of the host structure:** During the entire stay, participants will have to keep the common areas, such as the kitchen, dining room and bathrooms, clean and tidy, and respect the specific rules of the host structure that will be shared during the mobility. Some management activities of the shared spaces include cleaning the kitchen and good maintenance of the common areas and to do this, work groups will be created for each day.

**Personal responsibility:** Each participant is responsible for their own behavior, the management of their personal belongings and for respecting the established times for activities and meals. It is necessary to avoid irresponsible or dangerous behavior for themselves and others, respecting the legal regulations of the host country and the rules established by the coordinator.

**Contribution to the success of the project:** During or at the end of the mobility, participants are invited to give feedback on the activities and the organization. This helps the teamwork to improve future projects. After the mobility, participants will be responsible



Co-funded by  
the European Union

for disseminate what they have learned with their communities or through tools such as Youthpass, blogs or social media.

## 6. INSURANCE AND SPECIFIC DOCUMENTATION

Participants are responsible for checking any health-related travel regulations in force in Italy before departure and for complying with the rules applicable at the time of travel. We also recommend staying in contact with your sending organisation for any necessary updates. For participants from EU countries, we strongly recommend bringing the European Health Insurance Card (EHIC), which allows access to necessary healthcare services during the stay in Italy.

Please note that private insurance is not covered or reimbursed by the project, as it is considered a personal cost and is not a mandatory requirement. Participants are therefore responsible for arranging any additional insurance they may need. Although not compulsory, we encourage participants to activate private insurance before travelling, in order to have broader protection in case of illness, accidents or other unexpected situations. It is important to note that the project only covers risks directly related to the official activities of the mobility. Situations occurring during free time or outside the project context are not covered. As insurance policies can differ significantly in price and coverage, the project cannot provide a standard reimbursement. For this reason, participants are invited to choose the solution that best fits their personal needs before departure.

For further information, you can refer to the official link: <https://www.viaggiasesicuri.it/home> and/or periodically check your Embassy's website in Italy. Any specific situations or medical issues encountered during your stay in Italy, outside the project context, are not financially supported by the project partner. Before returning to your home country, it is your responsibility to verify the current government health regulations.

## 7. BUDGET

There is no participation fee requested by the applicant partner. However, we do not know the nature of the costs possibly requested by your sending partner. Food, accommodation, and local travel costs (only during the activity program) will be covered by the grant from the Italian NA.

Please note: If, by community choice of the group and agreement with the teamwork during the mobility, extra sessions not included in the project timetable occur, a fee could be requested to cover specific cost.



Co-funded by  
the European Union

## 8. REIMBURSEMENT

### 8.1 Conditions

According to the travel refund regulations, reimbursements can only be processed via bank transfer to the sending Partner and will be based on the actual costs incurred by each participant. The transfer will be initiated under the following conditions:

- After receiving all electronic tickets (receipts, invoices, original boarding passes in PDF format downloadable from the airline's website).
- After completing the Erasmus+ survey (EU Survey or Participant Report) automatically generated by the Beneficiary Module, the official platform of the European Commission for project reporting.
- After producing educational e promotional material and sharing the project results in your local community through an individual dissemination plan, a group dissemination plan with your delegation and through a dissemination plan developed by the sending partner.

You can access the project's drive folder through the following link:

<https://drive.google.com/drive/folders/1clgi4xNhMzEoLgVMwMAf2L0V4YK1hhti?usp=sharing>

Within the main folder, you will find specific sub-folders for each item, including travel expense reimbursement, dissemination material, photos and videos, list of participants, Youthpass certificates, and extra documents which may vary depending on the project

Please note: Only if you have travel tickets, original airline boarding passes and flight purchase invoices (downloadable from the airline's website in the original A4 format), we can reimburse you for your travel expenses. Remember that boarding passes expire and are automatically deleted within the next 24 hours after the flight.

### 8.2 Timeline

Travel expenses are generally reimbursed within approximately 60 days after the end of the mobility, provided that all requirements have been fully met.

To ensure a smooth reimbursement process, participants must correctly upload all required travel documents, including e-tickets, receipts, invoices and boarding passes in PDF format, preferably downloaded directly from the airline or transport provider's website.

As this is a training course, all participants are required to complete the evaluation and reporting steps requested by the project and by the European Commission, including the participant report / EU survey. Completing these formal requirements is an essential part of participation in the mobility.



Co-funded by  
the European Union

In addition, participants are expected to contribute to the dissemination and follow-up of the project results, according to the sharing and visibility plan agreed together with the hosting and sending organisations.

Active participation during the mobility is also a key condition for reimbursement. Travel reimbursement can only be granted to participants who take part in at least 80% of the planned activities, unless exceptional circumstances are communicated and justified.

Respecting all these conditions is essential to avoid delays or problems in the reimbursement procedure.

### 8.3 Participant specific travel refund

The total budget for the trip of each participant in the **500-1999 km range is 309.00 euros** carried out according to the standard travel regime and the total budget for each participant in the **500-1999 km range is 417.00 euros** carried out according to the green travel regime. The type of travel with the means of transport accepted by the procedure of the Erasmus+ Program is visible in the official guide under the heading "Budget category".

Please note: for this project, all participants can use the green travel budget for a maximum of 4 extra travel days. If they decide to use the standard travel regime, the travel days are 2 in total.

### 8.2 Rules for reimbursement

Only economy class means of air/sea transport with direct destination without intermediate tourist stops are accepted.

Before purchasing anything send your travel plans to [info@maekaps.com](mailto:info@maekaps.com) to receive confirmation. Only uninterrupted travel expenses incurred by the start and end dates of the activity can be accepted for reimbursement with the clause of being able to take advantage of 2 additional refundable days. You can decide to arrive two days before the start of the mobility or stay two days longer and be entitled to a travel refund.

During these two days all expenses related to food and accommodation are the responsibility of the participant. The costs of tourist transfers and/or specific travel stops cannot be covered by the project budget.

Please note: Your travel plans must be purchased from the official travel company (Ryanair, Vueling Airlines, Wizz Air, EasyJet etc..) directly on their website. Flight tickets purchased from second intermediary companies will not be taken into consideration for refund purposes.



Co-funded by  
the European Union

## 9. EMERGENCY CONTACTS

112 is the single emergency number identified by Europe to ensure the necessary intervention. Calls to the single emergency number 112 flow into a single reference center in which all emergency calls are channeled that are made to request the intervention of the State Police, Carabinieri, Fire Brigade or Health Rescue. If you call 112 and you are in one of the provinces where the single emergency number is active, then a specialized operator will answer you who, based on your request, will call in the authority that deems most appropriate.

Please note: 112 is therefore the reference number for every emergency. The intervention of not only the carabinieri, but also of all other emergency numbers (113, 115, 118) may be required.

## 10. CONTACT DETAILS

For each request I doubt and / or specific clarification, we invite you to send a message to the MAEK APS email: [info@maekaps.com](mailto:info@maekaps.com)

Looking forward to meeting you soon!  
**MAEK APS Team**